Using EBP resources – UpToDate

UpToDate can be accessed by searching the Library catalogue or via Databases by Title

What is UpToDate?
UpToDate is a peer-reviewed, evidence-based information source. It has summaries of treatments for conditions, based on research evidence and best practice.

Students can use UpToDate to access quick, easy-to-understand information on patient care and other topics for their assignments.

Searching UpToDate
Type your search term into the box and click the search icon.

The related topics will display, such as in our example for diabetes, shown right.

Choose the topic that best suits your research needs.

Using UpToDate
Use the index on the left-hand side of each topic to navigate to the desired section.

Topics will include different information, but there are common elements such as evaluation and treatment, information sheets for patients (written in easy-to-understand language), and references.

Need further assistance?
Ask the Library: newcastle.edu.au/library/help-and-information